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| **Distribution Order form** | | | | | | | | | |  |  | | |
| **Our core information materials** | | | | | | | | | | | | |
| We supply orders of up to four items of our core leaflets, factsheets and resource sheets completely free of charge. For orders of between five and 20 items in total we only charge for postage and packaging.  Orders of more than 20 items in total will incur an additional **20**p unit price for each item over the first 20. Please see page four for more information on the charges for our core information materials.  **Please note that all of these publications can be downloaded for free from our website at** [stroke.org.uk/eshop](http://www.stroke.org.uk/eshop)**, where you can also order copies online.** | | | | | | | | | | | | |
| **Core leaflets** quantity | | | | | | | quantity | | | | | |
| A01L14 | | How to reduce your risk of a Stroke **20p** | | |  | |
| **Factsheets** quantity | | | | | | | | | quantity | | | |
| A01F01 | Transient ischaemic attack  **20p** | | |  | | | A01F17 | | Occupational therapy after stroke **20p** | | |  |
| A01F09 | Driving after stroke  **20p** | | |  | | | A01F18 | | Fatigue after stroke  **20p** | | |  |
| A01F03 | Helping someone with communication problems **20p** | | |  | | | A01F19 | | Smoking and the risk of stroke **20p** | | |  |
| A01F04 | Stroke: A carer’s guide  **20p** | | |  | | | A01F20 | | Accommodation after  stroke **20p** | | |  |
| A01F05 | Dealing with swallowing problems **20p** | | |  | | | A01F22 | | Balance problems after stroke **20p** | | |  |
| A01F06 | High blood pressure and  Stroke **20p** | | |  | | | A01F23 | | Bereavement and stroke  **20p** | | |  |
| A01F07 | Problems with memory, and thinking **20p** | | |  | | | A01F24 | | Epilepsy after stroke  **20p** | | |  |
| A01F46 | Healthy eating and stroke  **20p** | | |  | | | A01F25 | | Haemorrhagic stroke  **20p** | | |  |
| A01F10 | Emotional changes after a stroke **20p** | | |  | | | A01F26 | | Atrial fibrillation (AF) and stroke **20p** | | |  |
| A01F11 | Blood-thinning medication after stroke **20p** | | |  | | | A01F27 | | Holiday information  **20p** | | |  |
| A01F12 | Bladder and bowel problems after stroke **20p** | | |  | | | A01F28 | | Migraine and stroke  **20p** | | |  |
| A01F13 | Alcohol and stroke  **20p** | | |  | | | A01F29 | | Vascular dementia **20p** | | |  |
| A01F14 | Taste & Smell **20p** | | |  | | | A01F30 | | Pain after stroke **20p** | | |  |
| A01F15 | Diabetes and stroke  **20p** | | |  | | |
| A01F16 | Physiotherapy after stroke  **20p** | | |  | | | A01F36 | | Emotional changes after stroke **20p** | | |  |
| A01F31 | Sex after stroke **20p** | | |  | | | A01F37 | | Visual problems after stroke **20p** | | |  |
| A01F33 | Physical effects of stroke **20p** | | |  | | | A01F38 | | Women and stroke **20p** | | |  |
| A01F35 | Ischaemic stroke **20p** | | |  | | | A01F40 | | Carotid artery disease **20p** | | |  |
| A01F41 | When Someone is Seriously ill or dying after a stroke **20p** | | |  | | | A01F41  CG | | Employers Guide to Stroke  **20p** | | |  |
| A01F45CG | Guide to Work and Stroke  **20p** | | |  | | | A01F47 | | Cholesterol and Stroke **20p** | | |  |
| A01F48 | My child has had a stroke  **20p** | | |  | | |  | |  | | |  |
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| **Resource sheets**  quantity quantity | | | | | | | | | | | | |
| A01R01 | Benefits and financial assistance **20p** | |  | | | A01R07 | | Getting Active after a stroke **20p** | | | |  |
| A01R03 | Aids and equipment for independent living **20p** | |  | | | A01R09 | | Leisure activities  after stroke***20p*** | | | |  |
|  |  | |  | | | A01R10 | | Private treatment **20**p | | | |  |
| **Access to information in other languages**  For details, <https://www.stroke.org.uk/what-stroke/information-other-languages> or call the **Stroke Helpline: 0303 3033 100** | | | | | | | | | | | | |

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| A01L10B | When you have a stroke Bengali **20p** |  |
| A01L10G | When you have a stroke – Guajarati **20p** |  |
| A01L10H | When you have a stroke – Hindi **20p** |  |
| A01L10P | When you have a stroke – Punjabi **20p** |  |
| A01L10PO | When you have a stroke – Polish **20p** |  |
| A01L10U | When you have a stroke - Urdu **20p** |  |
| A01L10W | When you have a stroke - Welsh**20p** |  |
| A01L11W | Supporting a stroke survivor - Welsh **20p** |  |
| A01L12W | Next Steps – Welsh **20p** |  |
| A01L14W | How to reduce your risk - Welsh **20p** |  |

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| Charges for the core information materials listed on pages 1-3 | | |
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**Other publications/Fundraising items**

In addition to any unit price indicated for the following items, there is a sliding scale of charges for bulk orders and for overseas orders please see costs to cover postage and packing costs. These are shown further down this form.

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| A02AC | Communication card  (85x55mm) **FREE** |  | A02CA | Communication aid for stroke survivors with aphasia **£2.50** |  |
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| **FAST materials – Stroke is a Medical Emergency** quantity | | |
| A02P11 | Fast A5 Leaflet **FREE** |  |
| A02P10 | Fast Wallet Cards **FREE** |  |
| A02P12 | Fast A4 Poster **Free** |  |
| FAST publications can also be downloaded from our website at [stroke.org.uk](http://www.stroke.org.uk) | | |

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Join us in supporting thousands of people and families affected by stroke across the UK. We’d love to send you information about the difference you can make to these families through campaigning, volunteering, donating and fundraising.

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Your privacy is our priority. We promise to keep your details safe and will never sell them. We will also keep in touch by post about how we can continue to support you, and opportunities to support us. If you would like to change the way you hear from us just call **0300 3300 740** or email [**supportercare@stroke.org.uk**](mailto:supportercare@stroke.org.uk)   
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**Stroke Helpline 0303 3033 100** [**Website: stroke.org.uk**](http://www.stroke.org.uk)

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